Be of Good Courage

Teens

Level 4 Lesson 26

* **Introduction**

Have you ever been scared? I think we could all say, “Yes” to that question.

Fear is a real thing. The thing about Courage is that you can still have some fear, but you just go ahead and face whatever causes the fear.

* **Lesson**

Moses had finished his course and the Lord buried him after showing him the Promise Land from a high mountain. Now, it was time to get the next leader ready to lead the children of Israel.

First things first, Joshua, don’t worry one bit, I gotcha!!

*Josh 1:5 There shall not any man be able to stand before thee all the days of thy*

*life: as I was with Moses, so I will be with thee: I will not fail thee, nor forsake*

*thee.*

*Josh 1:6 Be strong and of a good courage: for unto this people shalt thou divide*

*for an inheritance the land, which I sware unto their fathers to give them.*

*Josh 1:7 Only be thou strong and very courageous, that thou mayest observe to do*

*according to all the law, which Moses my servant commanded thee: turn not from*

*it to the right hand or to the left, that thou mayest prosper whithersoever thou*

*goest.*

*Josh 1:8 This book of the law shall not depart out of thy mouth; but thou shalt*

*meditate therein day and night, that thou mayest observe to do according to all*

*that is written therein: for then thou shalt make thy way prosperous, and then*

*thou shalt have good success.*

*Josh 1:9 Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the LORD thy God is with thee whithersoever thou goest.*

What a deal!!! Joshua just had to think about the Old Testament and obey it! If he did those two things, he would have nothing to worry about. Moses had already trained Joshua and provided himself as an excellent example of leadership.

This setting of scripture is easy to look over. because you can’t relate to this problem. Let’s look at this a bit closer. We have situations that come up in our life that are so intimidating.

Have you ever said I can’t! Was that a true statement or was the truth, the fact that the task would be hard, and your mind was intimidated before you ever started.

“I can’t” could be replaced with I will try; this will be difficult; I’ve never done this before; I might need help; if God says I can, I can; I will need to work hard; I will need to think clear; or

What grips our hearts is:

**F- false**

**E-evidence**

**A-appearing**

**R-real**

Fear is the enemy of faith. “F” stands for false. Don’t forget that.

*2Ti 1:7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.*

If God did not give us fear, then who did?? Our flesh, the devil, or the world are the other options.

*1Jn 2:15  Love not the world, neither the things that are in the world. If any man love the world, the love of the Father is not in him.*

*1Jn 2:16  For all that is in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world.*

Power, love and a sound mind is the courage that He gives us.

We have **power** when we have the Holy Ghost, and when we obey His Word.

**Love** the Bible way will cause us to do things that we would never do on our own.

Loving people causes fear in our flesh, but God gives us courage in the face of fear.

Courage would not be needed if we didn’t come up against fear.

Then He gives us a **sound mind**. A mind that is not controlled by fear. A mind that can reason using the Word as our weapon. Knowing what is true and what is false is a great help in having a sound mind. Knowing you have nothing to fear is so comforting, and powerful!

* **Activity**

Discuss with the group things that they have faced that were fearful. Brainstorm ways to conquer anything that would like to steal our courage. Make sure you have some ideas ready to help them get started. Sharing with the group helps us to know that we are not alone. These problems are common to man.